Physical Education, Grades K-12

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| **II. Professional Requirements** | **College Course Number and Title** | **Sem. Hrs.** |
| A. **Professional Requirements (minimum 16 semester hours)** | |  |
| 1. Content Planning and Delivery | |  |
| a. Curriculum and Instructional Planning | Introduction to Teaching (EDU 101) | 1 |
| b. Instructional Strategies and Techniques in Content Area Specialty | PED 206 Elementary Methods  EDU 434 Secondary PE Methods | --  -- |
| c. Assessment, Student Data, and Data-based Decision-making | Foundations of Education (EDU 290); Education Seminar (EDU 490) | 3  3 |
| d. Strategies for Content Literacy | Reading in Content Area (EDU 392) | 3 |
| e. Critical Thinking and Problem Solving | In all W.C. coursework | -- |
| f. English Language Learning | Diversity in Education (EDU 385) | -- |
| 2. Individual Student Needs |  |  |
| a. Psychological Development of the Child and Adolescent | Child and Adolescent Growth and Development (EDU 230) | 3 |
| b. Psychology/Education of the Exceptional Child | Education of Exceptional Individuals  (EDU 231) | 3 |
| c. Differentiated Learning | Foundations of Education (EDU 290); Education Seminar (EDU 490);  Education of Exceptional Individuals (EDU 231) | --  --  -- |
| d. Classroom Management | PED 206 Elementary Methods  EDU 434 Secondary PE Methods | --  -- |
| e. Cultural Diversity | Diversity in Education (EDU 385) | 3 |
| f. Educational Psychology | Education Psychology (EDU 221) | 3 |
| 3. Schools and the Teaching Profession |  |  |
| a. Consultation and Collaboration | Foundations of Education (EDU 290) | -- |
| b. Legal/Ethical Aspects of Teaching | Foundations of Education (EDU 290) | -- |
| 4. Secondary Literacy *(minimum of 6 semester hours)* |  |  |
| a. Reading and Writing in the Content Area | Reading in Content Area (EDU 392) | -- |
| b. Instructional Interventions for Students with Reading Deficits | Education of Exceptional Individuals  Reading in Content Area (EDU 392) | --  -- |
| B. **Field and Clinical Experiences** **(minimum of 10 semester hours)** | |  |
| 1. Early Field Experiences  *(minimum of 1 semester hour with a minimum of 30 clock hours)* | Education Practicum I (EDU 291) | 2 |
| 2. Mid-Level Field Experiences  (minimum of 1 semester hour with a minimum of  45 clock hours) | Education Practicum II (EDU 393) | 2 |
| 3. Culminating Clinical Experiences  (minimum of 8 semester hours with a minimum of 12 weeks in one placement) | Student Teaching: High School (EDU 497) | 12 |
| **III. Physical Education Content Knowledge Area (minimum of 51 semester hours)** | |  |

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|  |  | Sem Hrs. |
| History and Phil of PE | HES 309 History and Philosophy of PE  EDU 290 Foundations of Education | 2  -- |
| Anatomy - Physiology | BIO 107 Human Biology | 4 |
| Kinesiology | HES 321 Kinesiology | 3 |
| Physiology of Exercise | HES 340 Exercise Physiology | 3 |
| Assessment in PE | HES 405 Test and measurement in PE  EDU 393 Education Practicum II  EDU 290 Foundations of Education  EDU 490 Education Seminar | 2  --  --  -- |
| Health related Fitness/Wellness | HES 204 Health and Wellness  PED A Activity - fitness\* | 2  1 |
| Lifetime Activities and Dance | PED A Activity- Dance \*  PED A Activity-Physical Fitness Concepts\*  PED A Activity – Recreational Swimming\* | 1  1  1 |
| Adapted Physical Education | HES 350 Adapted Physical Education | 3 |
| Psychological / Sociological Aspects of PE | HES 220 Sociology of Sport  HES 231 Psychology of Sport | 2  3 |
| Motor Learning/ Motor Development | HES 215 Motor Learning  PED 206 Elementary Methods | 3  -- |
| First Aid/ CPR and Care and Activity/Sports Injuries | HES 104 First Aid/ CPR  HES 230 Care and Prevention of Injuries  HES 321 Kinesiology  EDU/HES/PED 207 Health, Nutrit., Safety | 1  2  --  3 |
| Movement and Rhythms | PED 208 Creative Movement, Games, and Rhythms | 3 |
| Team/ Individual Sports Instruction | PED A Activity – Team Sports Elective\*  PED A Activity – Individual Sports Elective\*  PED A Activity- Recreation Games\* | 1  1  1 |
| Instructional Techniques in Physical Education K-12 | PED 206 Elementary Methods  EDU 434 Middle School and  Secondary PE Methods | 3  3 |
| Nutrition | HES 251 Intro to Nutrition | 3 |

\*Students take 7 hours of PED Activity courses in 5 different areas, e.g.

team, individual, dance, fitness, aquatics, recreation.