Physical Education, Grades K-12

|  |  |  |
| --- | --- | --- |
| **II. Professional Requirements**  | **College Course Number and Title**  | **Sem. Hrs.**  |
| A. **Professional Requirements (minimum 16 semester hours)**  |  |
| 1. Content Planning and Delivery  |  |
| a. Curriculum and Instructional Planning  |  Introduction to Teaching (EDU 101) | 1 |
| b. Instructional Strategies and Techniques in Content Area Specialty  | PED 206 Elementary Methods EDU 434 Secondary PE Methods | ---- |
| c. Assessment, Student Data, and Data-based Decision-making  | Foundations of Education (EDU 290); Education Seminar (EDU 490)  | 33 |
| d. Strategies for Content Literacy  | Reading in Content Area (EDU 392) | 3 |
| e. Critical Thinking and Problem Solving  |  In all W.C. coursework | -- |
| f. English Language Learning  |  Diversity in Education (EDU 385) | -- |
| 2. Individual Student Needs  |   |  |
| a. Psychological Development of the Child and Adolescent  | Child and Adolescent Growth and Development (EDU 230) | 3 |
| b. Psychology/Education of the Exceptional Child  | Education of Exceptional Individuals (EDU 231) | 3 |
| c. Differentiated Learning  | Foundations of Education (EDU 290); Education Seminar (EDU 490); Education of Exceptional Individuals (EDU 231)  | ------ |
| d. Classroom Management  | PED 206 Elementary Methods EDU 434 Secondary PE Methods | ---- |
| e. Cultural Diversity  | Diversity in Education (EDU 385) | 3 |
| f. Educational Psychology  | Education Psychology (EDU 221) | 3 |
| 3. Schools and the Teaching Profession  |   |  |
| a. Consultation and Collaboration  | Foundations of Education (EDU 290) | -- |
| b. Legal/Ethical Aspects of Teaching  | Foundations of Education (EDU 290) | -- |
| 4. Secondary Literacy *(minimum of 6 semester hours)*  |   |  |
| a. Reading and Writing in the Content Area  | Reading in Content Area (EDU 392) | -- |
| b. Instructional Interventions for Students with Reading Deficits  | Education of Exceptional Individuals Reading in Content Area (EDU 392) | ---- |
| B. **Field and Clinical Experiences** **(minimum of 10 semester hours)**   |  |
|  1. Early Field Experiences  *(minimum of 1 semester hour with a minimum of 30 clock hours)* | Education Practicum I (EDU 291) | 2 |
|  2. Mid-Level Field Experiences  (minimum of 1 semester hour with a minimum of  45 clock hours) | Education Practicum II (EDU 393)  | 2 |
|  3. Culminating Clinical Experiences  (minimum of 8 semester hours with a minimum of 12 weeks in one placement) | Student Teaching: High School (EDU 497) | 12 |
| **III. Physical Education Content Knowledge Area (minimum of 51 semester hours)**  |  |

|  |  |  |
| --- | --- | --- |
|   |  |  Sem Hrs.  |
| History and Phil of PE | HES 309 History and Philosophy of PEEDU 290 Foundations of Education  | 2-- |
| Anatomy - Physiology | BIO 107 Human Biology | 4 |
| Kinesiology | HES 321 Kinesiology | 3 |
| Physiology of Exercise | HES 340 Exercise Physiology | 3 |
| Assessment in PE | HES 405 Test and measurement in PEEDU 393 Education Practicum IIEDU 290 Foundations of Education EDU 490 Education Seminar | 2------ |
| Health related Fitness/Wellness | HES 204 Health and WellnessPED A Activity - fitness\* | 21 |
| Lifetime Activities and Dance | PED A Activity- Dance \*PED A Activity-Physical Fitness Concepts\*PED A Activity – Recreational Swimming\* | 111 |
| Adapted Physical Education | HES 350 Adapted Physical Education  | 3 |
| Psychological / Sociological Aspects of PE | HES 220 Sociology of SportHES 231 Psychology of Sport  | 2 3 |
| Motor Learning/ Motor Development | HES 215 Motor Learning PED 206 Elementary Methods  | 3-- |
| First Aid/ CPR and Care and Activity/Sports Injuries | HES 104 First Aid/ CPR HES 230 Care and Prevention of InjuriesHES 321 KinesiologyEDU/HES/PED 207 Health, Nutrit., Safety | 1 2 --3 |
| Movement and Rhythms | PED 208 Creative Movement, Games, and Rhythms | 3 |
| Team/ Individual Sports Instruction | PED A Activity – Team Sports Elective\*PED A Activity – Individual Sports Elective\*PED A Activity- Recreation Games\* | 111 |
| Instructional Techniques in Physical Education K-12 | PED 206 Elementary Methods EDU 434 Middle School andSecondary PE Methods | 33 |
| Nutrition  | HES 251 Intro to Nutrition  | 3 |

\*Students take 7 hours of PED Activity courses in 5 different areas, e.g.

 team, individual, dance, fitness, aquatics, recreation.