

Westminster College
Exercise Science Four Year Plan

Fall

Seminar (3)
Academic Writing (3)
Language 1 (4)
Bio 124-125 Biodiversity (4)
14 hours

Fall

Elective (3)
Human Behavior GE (3)
Chem 114/115 Chem 1(4)
History GE (3)
Social Science GE (3)
16 hours

Fall

PED 251 (#?)Intro to Nutrition (3)
History GE (3)
BIO 203 Human Anatomy (3)
Sport Psychology (3)
Elective (4)
16 hours

Fall

Art Expression GE (3)
Exercise Physiology (3)
Ethics/Philosophy GE (3)
Elective (3)
Elective (4)
16 hours

Spring

Bio 114-115 Bioprocess (4)
Human Behavior GE(Psych) (3)
Second Language (3)
Statistics (3)
PE Activity (1)
14 hours

Spring

Chem 124-125 Chem II (4)
Human Behavior GE (3)
Art: Literature (3)
Elective (3)
Elective (3)
16 hours

Spring

PED 3xx Community Nutrition
(Suggested Tier III) (3)
Bi0 370 Human Physiology (4)
Non Western Culture (3)
Elective (4)
14 hours

Spring

Capstone (3)
ULOD (3)
PED 3xx Ex.Prescription (3)
PED 321 Kinesiology (3)
Elective (4)
16 hours

Organic Chemistry and/or
Physics courses suggested for
many Allied Health
Professions.

Developmental Psychology
recommended for some PT.

Two Writing Intensive Courses,
one Upper Level